



RINCON VISTA MIDDLE SCHOOL

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Dear parents and student/athletes:

Hello, this is Coach Johnson. I just wanted to introduce myself as the new head coach of RVMS football. I was the offensive coordinator with last year's championship team. We are very excited to see the kids after their long summer break. I'm sure a lot of the kids have grown and probably aren't recognizable at this point. We are really looking forward to this year's team as we have a lot of returners and a couple new key additions to the team that can push us forward.

We will be having voluntary practice starting the week of July 16th on Monday, Tuesday, and Wednesday after school from 3:00 p.m. until 4:15 p.m. There will not be any activity buses for this week so please make appropriate accommodations for pick up. This will be a week before sign-ups are due, we would like to get the rust and summer break blues out. First official day of practice will be July 23rd after school from 3:00 p.m. until 4:15 p.m. Please ensure your child brings water bottles as it is getting very hot. Also make sure your child has appropriate running attire, cleats are optional but would be beneficial to ensure comfortability. We would encourage the athletes to prepare themselves as we have little time once our first official day of practice starts before our first game.

In regards to team cuts, Desert Valley League regulations state that only sixth graders can be cut. With that being said, we feel that there is a great opportunity for our sixth graders as many of them have a lot of skill to show. We had multiple sixth graders "suit up" for A-games last year, as well as having a few of them make a huge impact on the game. I am comfortable in saying that we do have some sixth grade students that will very much contribute a the A team level.

Lastly, fall sports packets and are due no later than **July 20th**. Please have them filled out completely with payment and turned into the front office by end of school day. In order to practice on July 23rd, we will need to have your packet completed, along with your physical, and payment in full. If you are planning on a scholarship, please have the scholarship packet filled out and turned in with your sports packet by the same deadline.

Thank you for your dedication with your child's future in sports. It does take a toll on them, but in my opinion it helps nurture the strength needed to become successful in life. Remember, "It's not a sometime thing, it's an all the time thing!"

Coach Johnson
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